

News *from Assemblymember* *Joe Coto*

MEDIA ADVISORY

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5th Annual Healthy Children's Day Scheduled for September 12, 2009

Assemblymember Joe Coto (San José) invites residents of the 23rd Assembly District to enjoy the **5th Annual Healthy Children's Day** at the Children's Discovery Museum of San Jose, on Saturday, September 12, 2009, from 10 A.M. and 2 P.M. The event is designed to promote healthy living habits and child safety.

Up to 5 members per family will be given free admission if they have a ticket from Assembly Member Coto's office. The tickets were sent to residents of the 23rd Assembly District with children. In addition to the exciting programs offered by the Children's Discovery Museum of San José, the following agencies will provide activities for children and useful information to families: Kaiser Permanente, Mt. Diablo Dental Health Society, Sports Basement, Children's Health Initiative, Healthy Silicon Valley – Rethink your Drink, Partnership for Prescription Assistance, Beverly Burbank Lions and VSP Vision.

Kymerli Brady, author of the children's book, ***The Sleepy Little Star***, will be available to autograph her book. Children will be given a copy of this book, along with the First 5 book of fun and healthy recipes, ***Yummy for your Tummy***, a dental kit from the Children's Dental Clinic, and several coloring books. Other partners include: The Health Trust, Gardener Family Health, Comcast, PhRMA and the Latino Community Development Foundation.

WHAT: For families with pass, free admission to Children's Discovery Museum of San José, many interactive exhibits: Kaiser Permanente's teddy bear clinic, vision screening, dental hygiene tips, safety tips, games and healthy exercises and give-aways for children.

WHEN: Saturday, September 12, 2009, from 10 A.M. and 2P.M

WHERE: Children's Discovery Museum of San José, 180 Woz Way, San Jose, CA